

## Summary of Anglican Spirituality

- I. Biblical
  - A. Whole Bible
  - B. Final and ultimate authority
  - C. Command
  - D. Example
  - E. Wisdom thinking and living
  - F. Adiaphora non binding
  
- II. Theological (Creedal)
  - A. Creation
    - i. Physical conveys the spiritual
    - ii. Whole person engaged: Physical and non physical (mind, emotion and will)
    - iii. Tactile is involved in spirituality: See, touch etc.
  - B. Christological: All spirituality centers on and leads to Christ
  - C. Soteriological
    - i. Sin: Penitential
    - ii. Grace
    - iii. Faith
  
- III. Liturgical & Sacramental
  - A. Word
    - i. Read
    - ii. Preached
    - iii. Lectio Divino
  - B. Sacrament
    - i. Sacramental principle: Presence transforms
    - ii. Worship highest calling
    - iii. Frequent Communion
  - C. The Rule
    - i. Daily Office
    - ii. Holy Communion
    - iii. Private Devotion
      - 1. Prayer
      - 2. Scripture
      - 3. Pilgrimage
      - 4. Journaling
  - D. Minimal and maximal

- IV. Ecclesial
  - A. Church Apostolic
  - B. Church Catholic
    - i. Historic
    - ii. Reformed back to not away from the historic
  - C. Church Holy
    - i. Accountable
    - ii. Discipline
  - D. Church unity
    - i. Branch theory
    - ii. Mixed multitude
  
- V. Formational
  - A. Catechetical: Mind over matter
    - i. Creed
    - ii. Ten Commandments
    - iii. Lord's Prayer
  - B. Spiritual Direction
  
- VI. Ethical
  - A. Vices
  - B. Virtues